

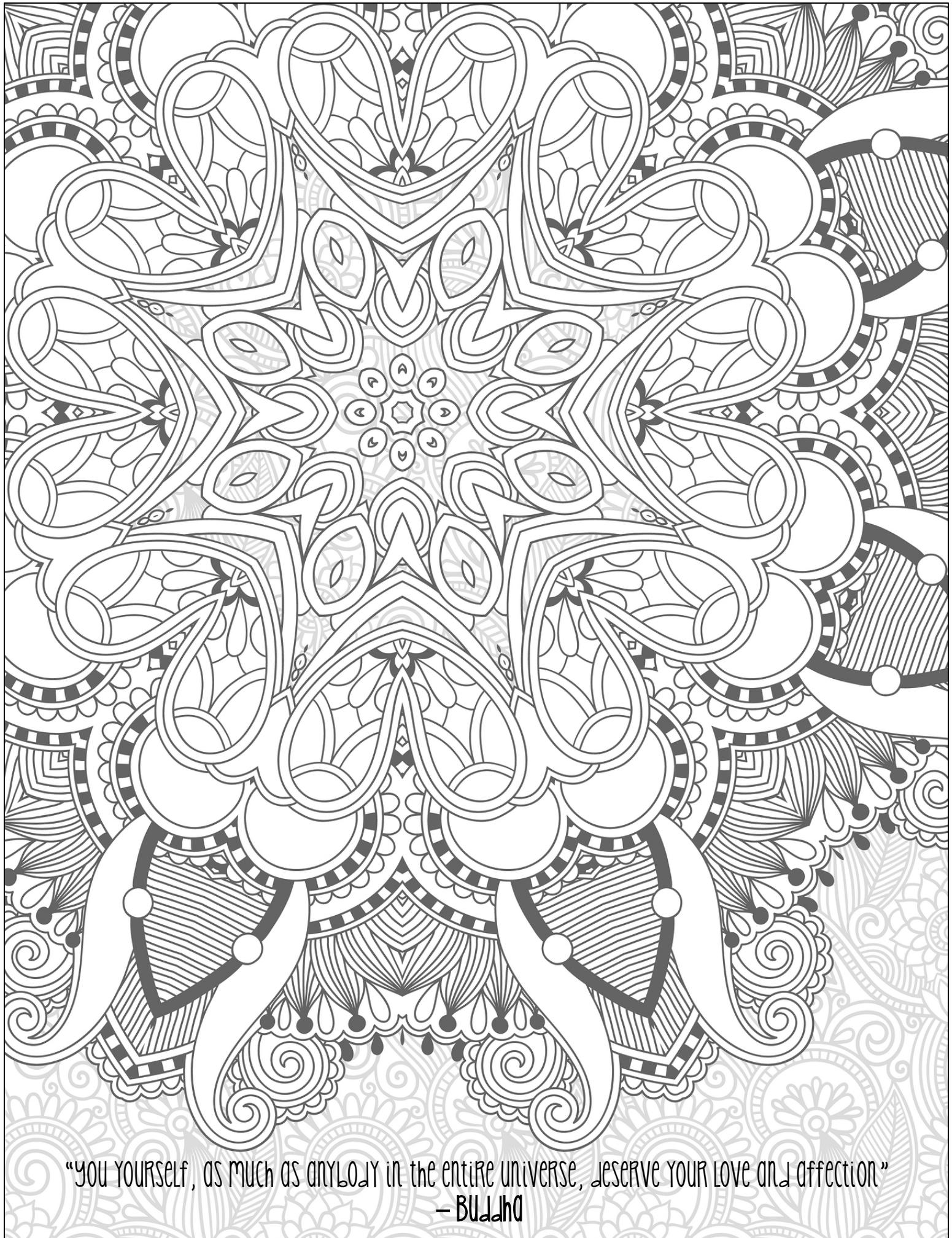


I'm Worth It

SELF - ESTEEM

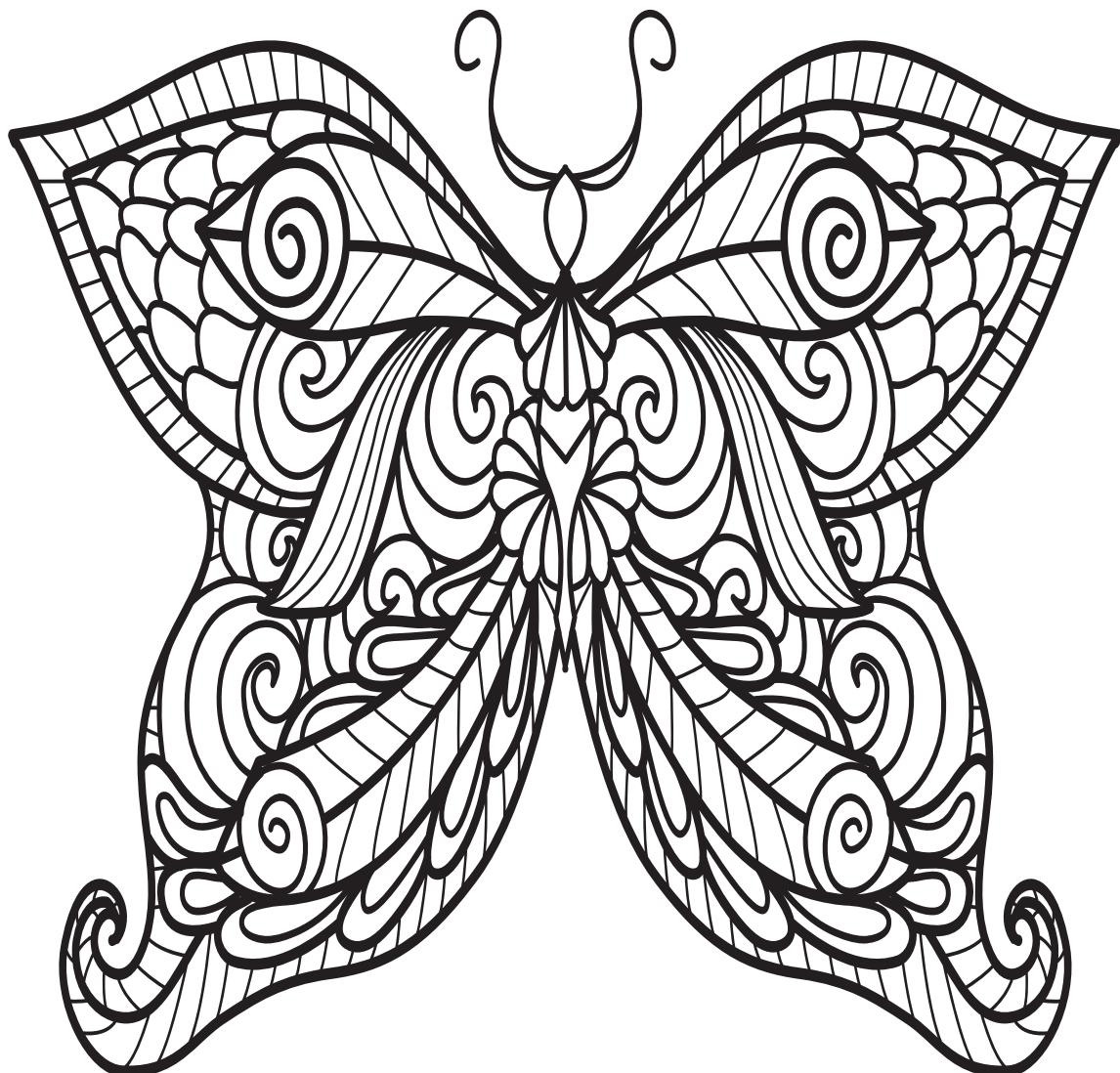
Coloring  Journal

Name: _____

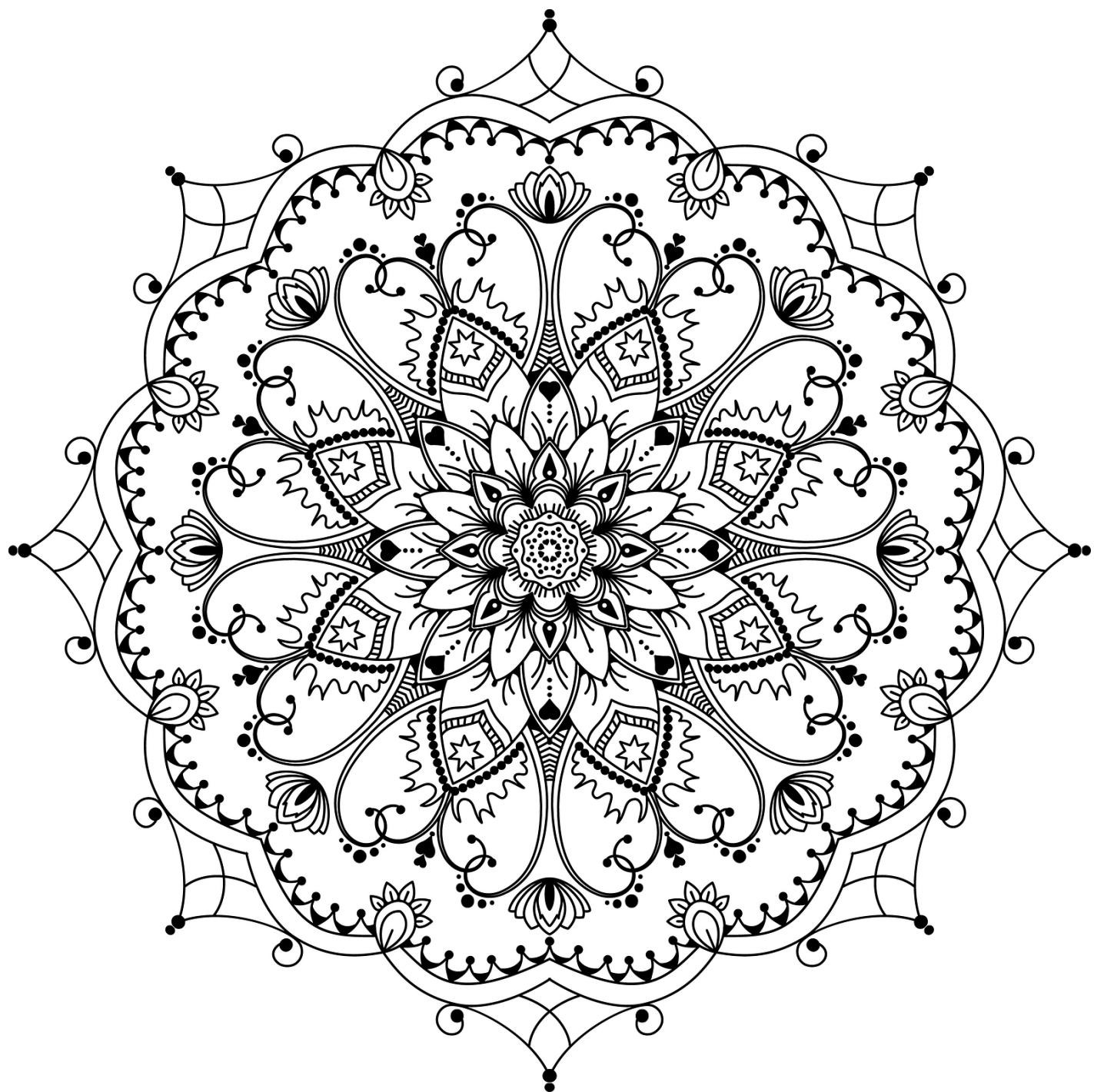


“YOU YOURSELF, AS MUCH AS ANYBODY IN THE ENTIRE UNIVERSE, DESERVE YOUR LOVE AND AFFECTION”
— BUDDHA

TAKE CARE OF YOU.
YOU'RE WORTH IT.

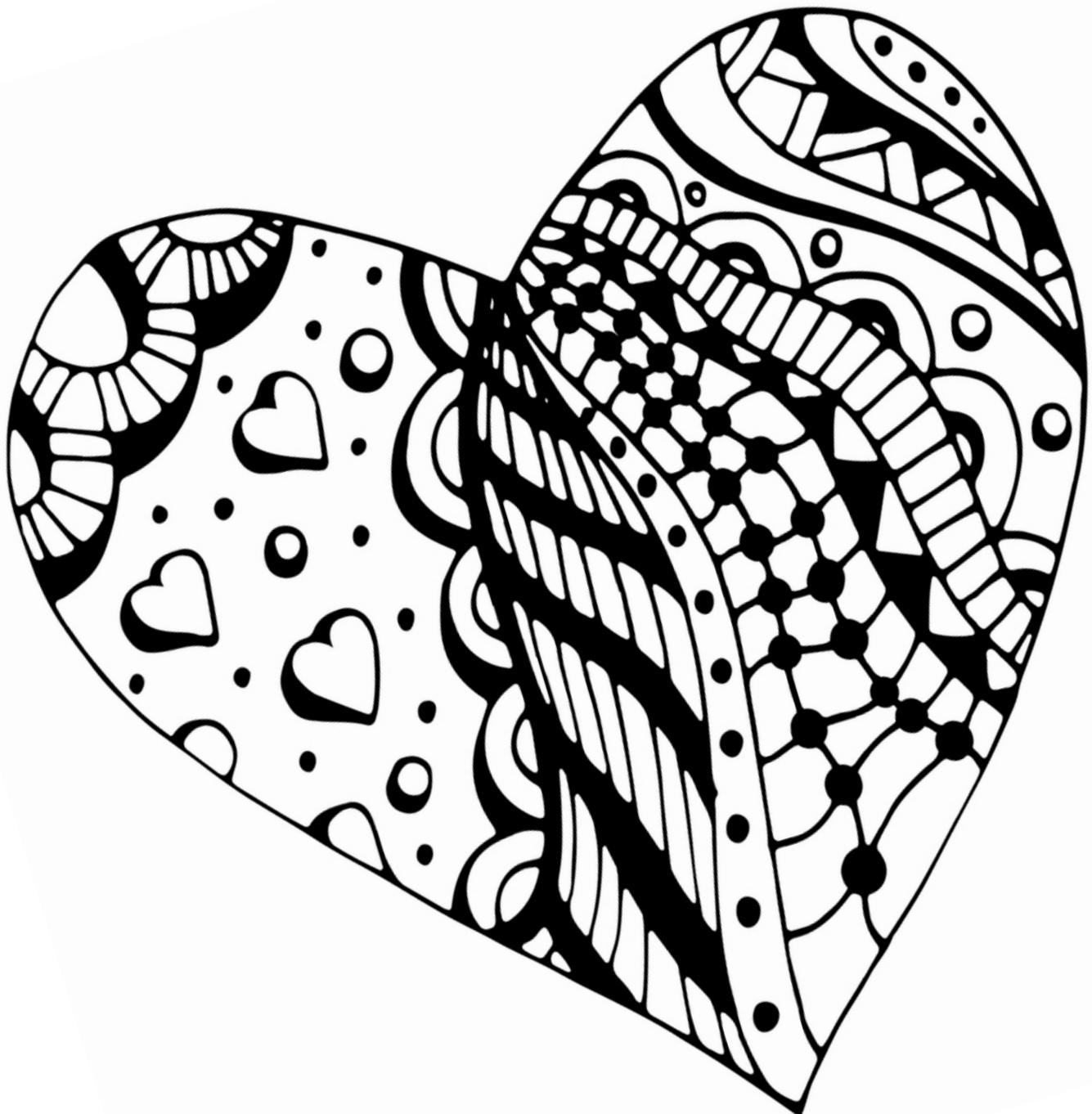


DON'T LET ANYONE
STEAL YOUR SUNSHINE.

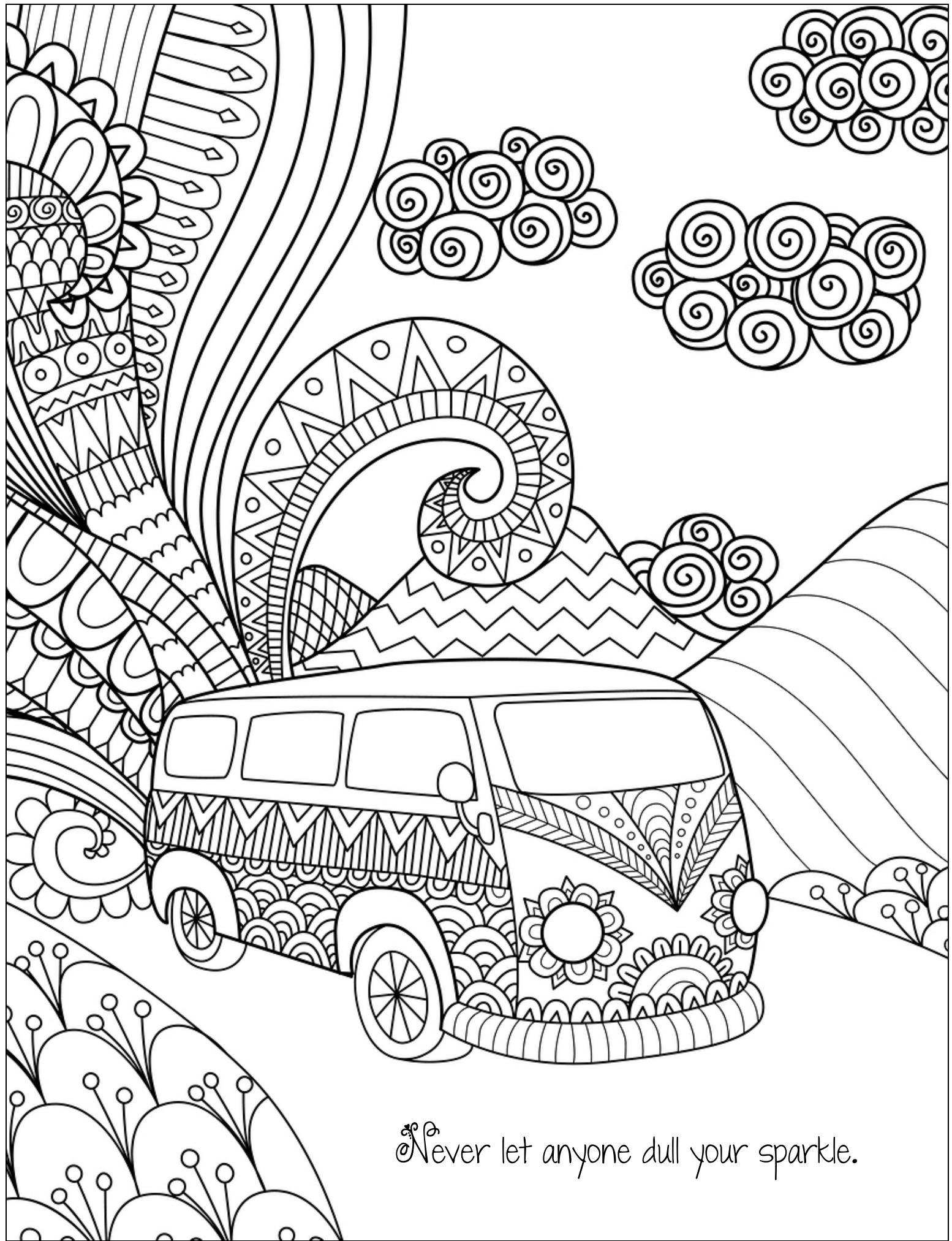




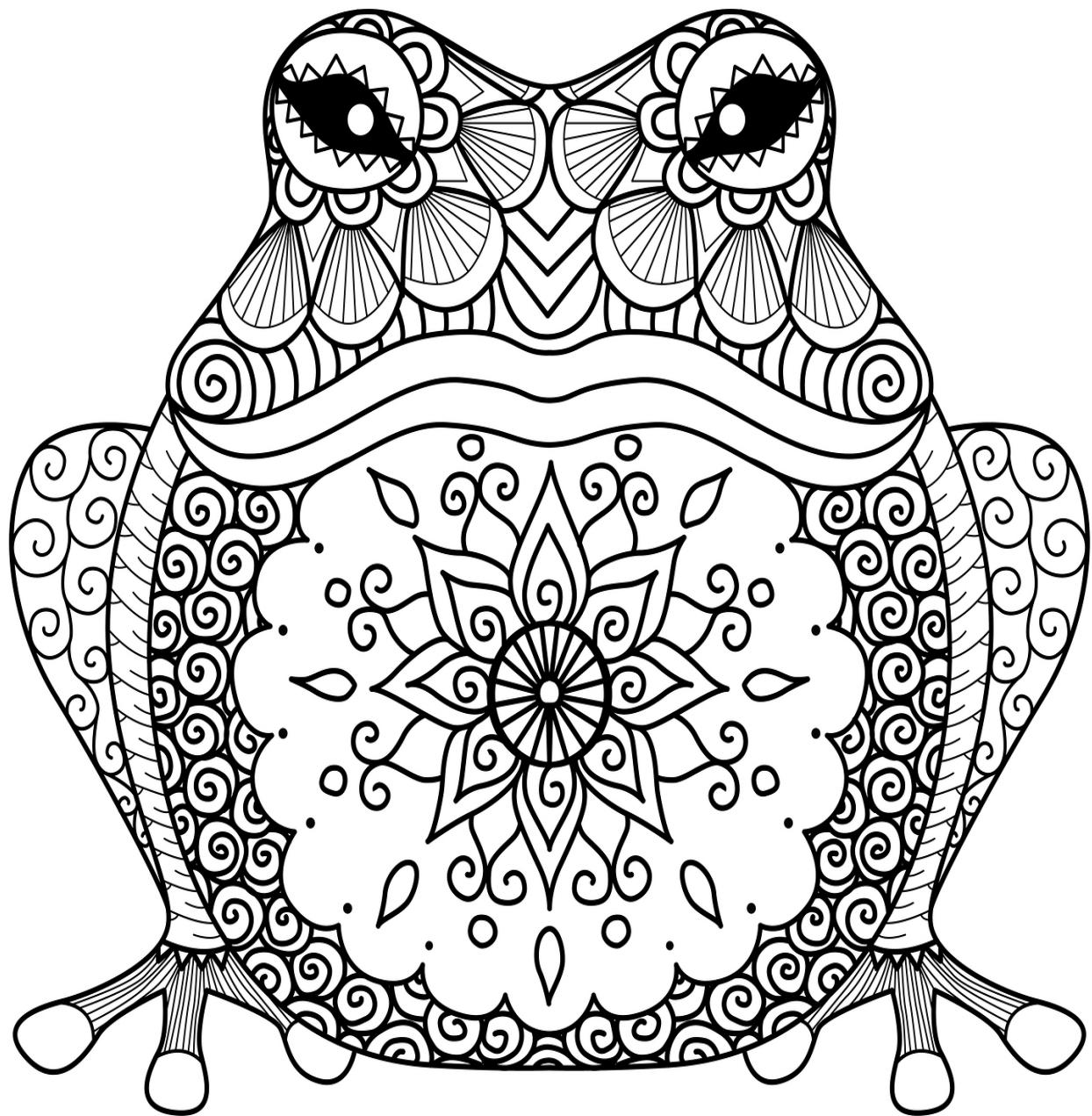
WHETHER YOU THINK YOU CAN OR THINK YOU CAN'T
YOU'RE RIGHT



ALWAYS FIND THE JOY IN LIFE
NO MATTER HOW SMALL!



Never let anyone dull your sparkle.



LIFE MIGHT NOT BE THE PARTY WE'D HOPED FOR,
BUT WHILE WE'RE HERE, WE SHOULD DANCE.



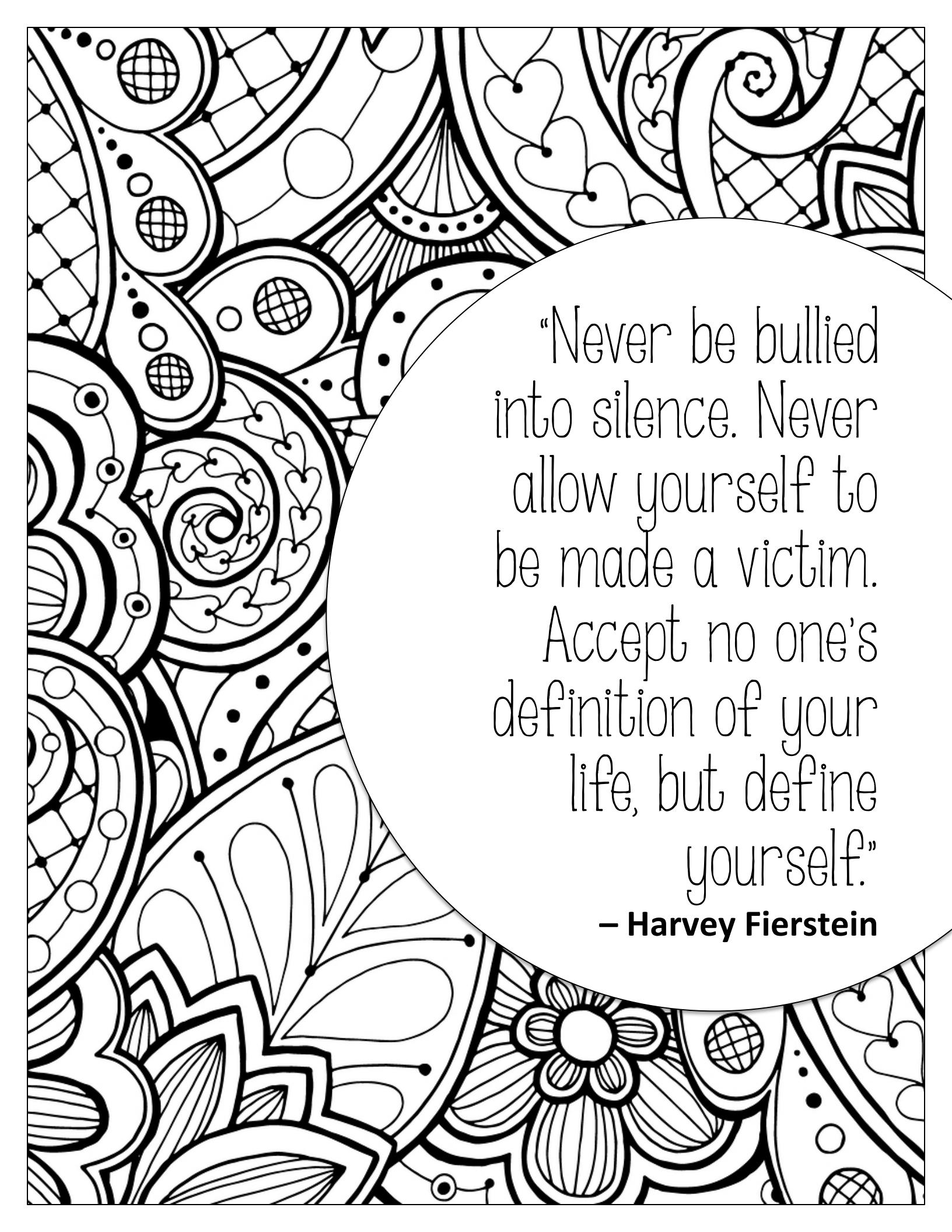
NEVER COMPARE
Yourself to others.



You won't be able to please everyone, all of the time.
Spend time with people who lift you up.

Love
yourself
first and
everything
else
falls into
line.

— Lucille Ball



“Never be bullied into silence. Never allow yourself to be made a victim. Accept no one’s definition of your life, but define yourself.”

– Harvey Fierstein

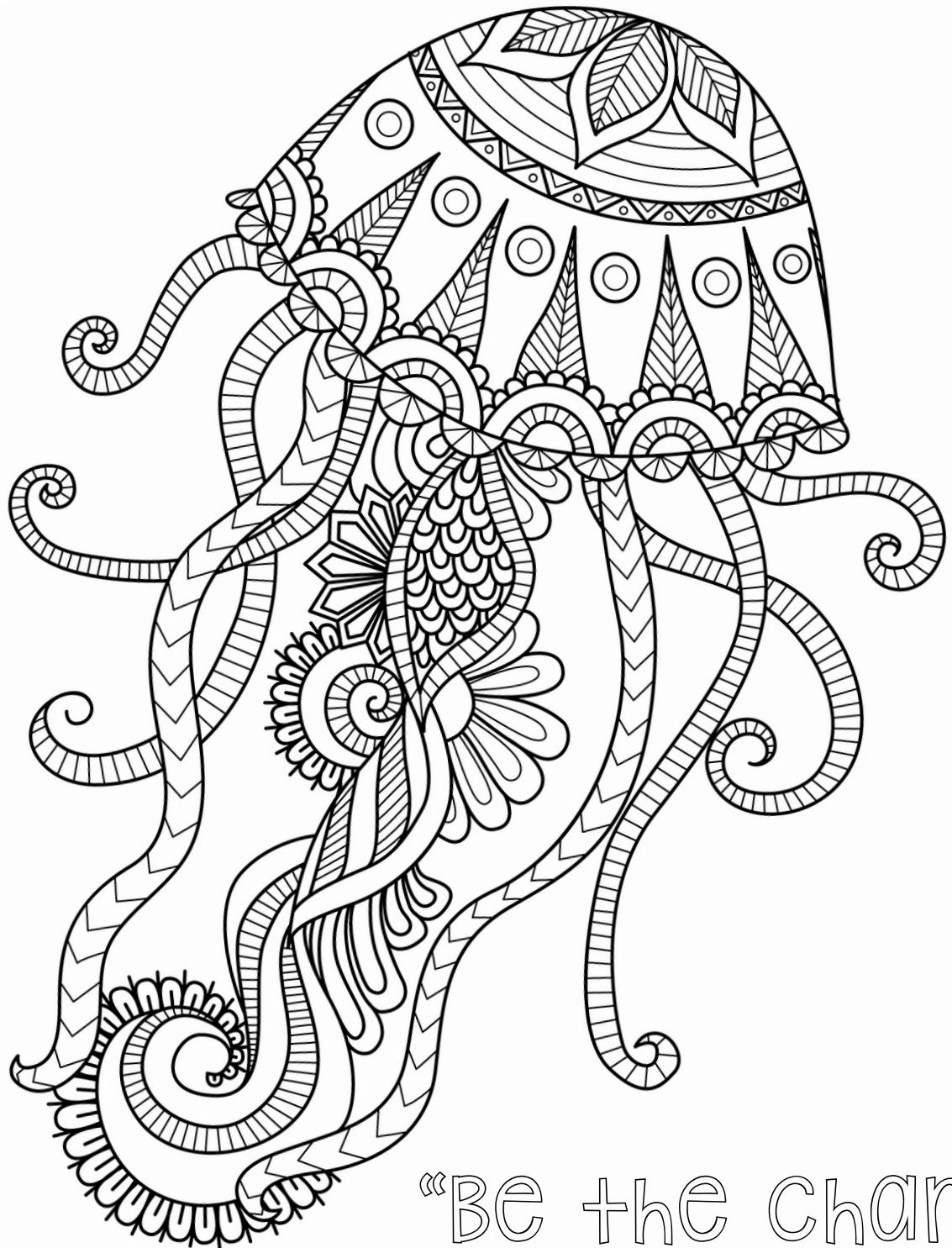


**Believe in
Yourself**



Believe you can
and you will.





“Be the change
you want to see
in the world.”

~Gandhi



**If you want to lift
yourself up,
lift up someone else.**

~Booker T. Washington



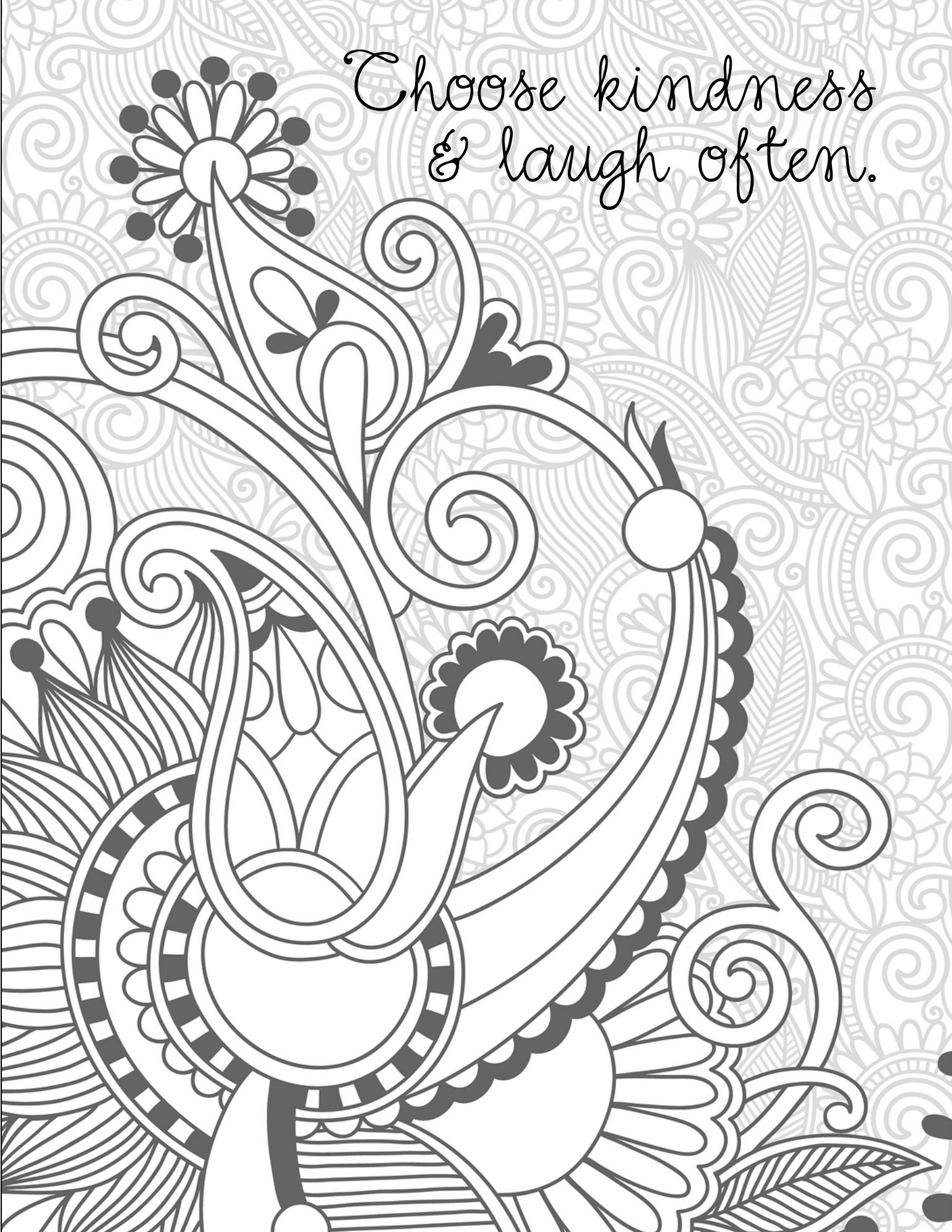
Life isn't about finding yourself.

Life is about creating yourself.

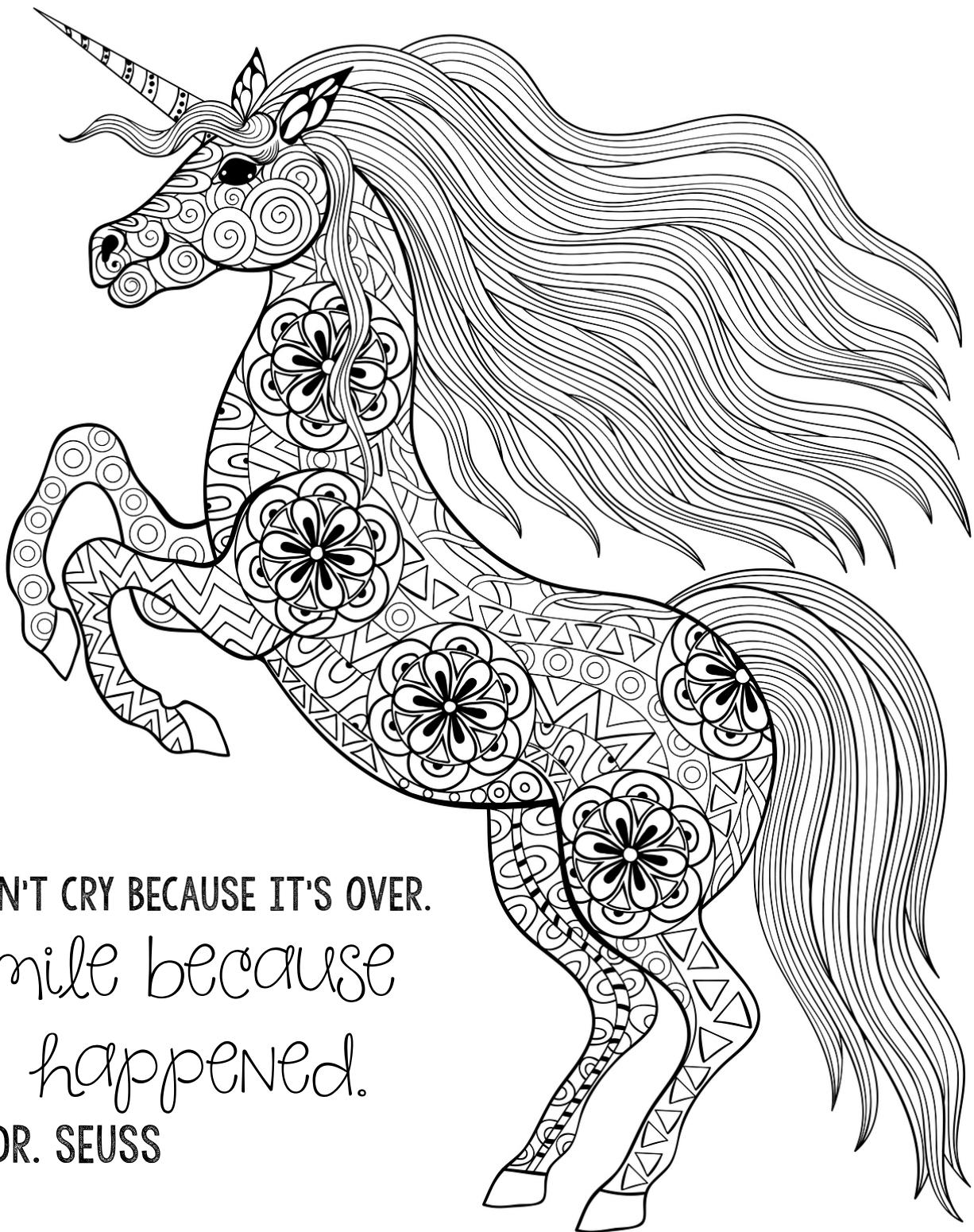
~George Bernard Shaw



Let YOUR
dreams
take flight.



Choose kindness
& laugh often.



DON'T CRY BECAUSE IT'S OVER.

Smile because
it happened.

~ DR. SEUSS

"NO ONE
CAN MAKE
YOU FEEL
INFERIOR
WITHOUT
YOUR
CONSENT."

– Eleanor Roosevelt

Journal of Happies



Today I was PROUD when I:

SUNDAY

I did this FOR MYSELF today:

MONDAY

I did this WELL today:

TUESDAY

I enjoyed today because:

WEDNESDAY

MY favorite thing about today was:

THURSDAY

one POSITIVE thing I thought:

FRIDAY

SOMETHING I did FOR SOMEONE else:

SATURDAY

If I could draw happiness, it would look like...

THANK YOU FOR PURCHASING COLORING
JOURNAL FOR GIRLS.

I TRULY APPRECIATE YOUR FEEDBACK.

~THE COUNSELING TEACHER

For more products from the
The Counseling Teacher, copy
and paste this link in your
browser.
<http://bit.ly/1VkScXq>



Please enjoy this freebie:
<http://bit.ly/1NZBL1n>



You might also enjoy:

<http://bit.ly/1taIYSX>



<http://bit.ly/1taIRGZ>



You may also like this editable presentation:

<https://www.teacherspayteachers.com/Product/Cute-Welcome-Back-to-School-Presentation-Meet-the-teacher-Open-House-783080>



Or these editable presentations:



Cute Counseling Presentation - Let them know what you ...

\$6.77

not yet rated 5



Meet the Teacher Presentation /Who's the Teach PPT ...

\$6.77

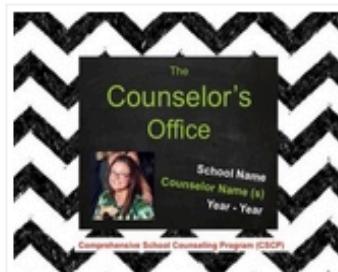
not yet rated 5



Counselor's Presentation - Let them know what you do! ...

\$5.55

not yet rated 5



Counselor's Office Presentation - Let your school know ...

\$5.00

1 rating 4.0



Meet the Counselors Presentation - 19 interactive pages ...

\$5.00

2 ratings 4.0



Cute Welcome Back to School Presentation - Meet the ...

\$5.00

11 ratings 4.0



Meet the Teacher Presentation /Who's the Teach PPT ...

\$5.55

30 ratings 3.9



Counselors - Meet the School Counselor "Whooooo's the ...

\$5.00

8 ratings 4.0