

STAY-AT-HOME RESOURCES



MOVIES, BOOKS, VIDEOS, PODCASTS

- [Top 30 Children's Books About Resilience](#)
- [Top 85 Growth Mindset Books for Children and Adults](#)
- [Top 30 Kindness and Friendship Movies for Families](#)
- [Top 75 Growth Mindset Movies for Children](#)
- [Top 40 YouTube Channels for Growth Mindset, Creativity, and Kindness](#)
- [Top 70 Growth Mindset Television Shows](#)
- [Top 40 Growth Mindset Podcasts for Kids, Teens, and Parents](#)
- [Top 35 Parenting Podcasts](#)
- [Top 50 Mindfulness Resources for Children & Teens](#)
- [80 Songs that Inspire a Growth Mindset](#)

OTHER RESOURCES

- [7 Keys to Managing Sibling Rivalry](#)
- [Top Growth Mindset Resources for Parents and Educators](#)
- [4 Steps to a Successful Family Meeting](#)
- [41 Family Rituals that Teach Responsibility, Kindness, and Compassion](#)
- [45 Growth Mindset Mantras](#)
- [How to Empower Children When They Struggle](#)
- [7 Ways to Help Kids Deal with Big Life Changes](#)
- [How to Connect with Your Child Using Love Languages](#)
- [5 Ways to Deal with Frustrations as a Parent](#)
- [15 Tips to Build Confidence & Self-Esteem in Teens](#)
- [5 Essential Steps to Create a Growth Mindset Corner](#)
- [5 Essential Steps to Help Children Cope with Stress](#)
- [9 Activities to Build Grit and Resilience in Children](#)